



Subject: PE

Year 7 Curriculum Overview Boys

2018-2019

Half Term 1 Unit Title	Subject Content / Knowledge	Football and Components of Fitness
	Skills	Football - basic principles of attack and defence to plan strategy and tactics for football. They work on improving the quality of their skills using various techniques to. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition. Components of fitness - accurately replicating specific techniques for a variety of fitness based activities. They will carry out investigations into the bodies' ability to exercise and the reasoning behind such principles. Pupils will gain an understanding of warm ups, cool downs and health importance through physical tasks.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B1 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 2 Unit Title	Subject Content / Knowledge	Basketball and Badminton
	Skills	Basketball - focusing on how to use basic principles of attack and defence to plan strategy and tactics for basketball. Aiming to improve the quality of their skills using various techniques. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition. Badminton focus on replicating and developing techniques as well as exploring and implementing strategic play to outwit opponents. Pupils will be able to demonstrate the basic elements of attack and defence. In net games, it is the players aim to get the ball or shuttle to land in the target area so that the opponent cannot return it.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B1 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 3 Unit Title	Subject Content / Knowledge	Rugby and Dance

	Skills	<p>Rugby - Understand how to use basic principles of attack and defense to plan strategy and tactics for rugby. I will work on improving the quality of their skills with the intention of outwitting opponents. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition.</p> <p>Dance - Exploring a range of dance movements using steps, gestures, formations, body shapes, contact work, and contrasts in dynamic and rhythmic patterning. Pupils will demonstrate creativity by incorporating control, rhythm, timing and aesthetics into sequences. Student will evaluate and assess movements to improve routines.</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>
Half Term 4 Unit Title	Subject Content / Knowledge	Gymnastics and Climbing
	Skills	<p>Gymnastics - To demonstrate skills and agilities individually and in combination. How to focus on developing stability when holding my own body position and when supporting a partner. How to incorporate control, precision and aesthetics into sequences showing creativity. I will evaluate and assess movements to improve sequences.</p> <p>Climbing - focusing on developing and using new skills and techniques as they move from familiar activities and environments into less familiar ones. In Climbing, pupils develop their ability to respond effectively to problems and physical challenges, both individually and in cooperation with others. They need to analyse, plan and carry out tasks safely, often leading and managing themselves.</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>
Half Term 5 Unit Title	Subject Content / Knowledge	Athletics and Trampolining
	Skills	<p>Athletics - accurately replicate running, jumping and throwing skills and learn specific techniques for events in order to improve performances. I will carry out investigations into aspects of technique and use the information to become more technically proficient. In all athletic activity, I will engage in performing and improving their skills and personal bests in relation to speed, height and distances.</p> <p>Trampolining – looking at on the basic safety issues around the trampoline. Pupils will accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve sequences.</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to</p>

		identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 6 Unit Title	Subject Content / Knowledge	House Activities
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.
	Assessment	Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.



Subject: PE

Year 7 Curriculum Overview Girls

2018-2019

Half Term 1 Unit Title	Subject Content / Knowledge	Netball and Components of Fitness
	Skills	Netball - focusing on how to use basic principles of attack and defence to plan strategies and tactics for hockey. Pupils will work on improving the quality of their skills with the intention of outwitting opposition. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition. Components of fitness - accurately replicating specific techniques for a variety of fitness based activities. They will carry out investigations into the bodies' ability to exercise and the reasoning behind such principles. Pupils will gain an understanding of warm ups, cool downs and health importance through physical tasks.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to

		identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 2</u> Unit Title	Subject Content / Knowledge	Gymnastics and Badminton
	Skills	Gymnastics - To demonstrate skills and agilities individually and in combination. How to focus on developing stability when holding my own body position and when supporting a partner. How to incorporate control, precision and aesthetics into sequences showing creativity. I will evaluate and assess movements to improve sequences. Badminton focus on replicating and developing techniques as well as exploring and implementing strategic play to outwit opponents. Pupils will be able to demonstrate the basic elements of attack and defense. In net games, it is the players aim to get the ball or shuttle to land in the target area so that the opponent cannot return it
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 3</u> Unit Title	Subject Content / Knowledge	Football and Dance
	Skills	Football - basic principles of attack and defense to plan strategy and tactics for football. They work on improving the quality of their skills using various techniques to. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition. Dance - Exploring a range of dance movements using steps, gestures, formations, body shapes, contact work, and contrasts in dynamic and rhythmic patterning. Pupils will demonstrate creativity by incorporating control, rhythm, timing and aesthetics into sequences. Student will evaluate and assess movements to improve routines.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 4</u> Unit Title	Subject Content / Knowledge	Rounders and Climbing
	Skills	Rounders - replicate and improve individual technique in batting, bowling and fielding. Pupils will work on improving the quality of their skills with the intention of outwitting opponents. In striking and fielding games, players achieve this by striking the ball so that fielders are deceived or avoided, and then running between wickets or around bases to score runs. Pupil should begin to accurately score games. Climbing - focusing on developing and using new skills and techniques as they move from familiar activities and environments into less familiar ones. In Climbing, pupils develop their ability to respond effectively to problems and physical challenges, both individually and in cooperation with others. They need to analyse, plan and carry out tasks safely, often leading and managing themselves.

	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 5 Unit Title	Subject Content / Knowledge	Athletics and Trampolining
	Skills	Athletics - accurately replicate running, jumping and throwing skills and learn specific techniques for events in order to improve performances. I will carry out investigations into aspects of technique and use the information to become more technically proficient. In all athletic activity, I will engage in performing and improving their skills and personal bests in relation to speed, height and distances. Trampolining – looking at on the basic safety issues around the trampoline. Pupils will accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve sequences.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 6 Unit Title	Subject Content / Knowledge	House Activities
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.



Subject: PE

Year 8 Curriculum Overview Boys

2018-19

Half Term 1 Unit Title	Subject Content / Knowledge	Football and Components of Fitness
	Skills	Football - focusing on developing team attacking and defending strategies and techniques. Pupils will select and apply their skills so that they can carry out tactics with the intention of outwitting their opponents. In invasion games the main intention is to invade your opponents' territory and to outwit them so that you can score goals or points. Components of fitness - accurately replicating specific techniques for a variety of fitness based activities. They will carry out investigations into the bodies' ability to exercise and the reasoning behind such principles. Pupils will gain an understanding of warm ups, cool downs and health importance through physical tasks.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 2 Unit Title	Subject Content / Knowledge	Basketball and Badminton
	Skills	Basketball - I will focus on developing team attacking and defending strategies and techniques. Pupils will select and apply their skills so that they can carry out tactics with the intention of outwitting their opponents. Badminton focus on replicating and developing techniques as well as exploring and implementing strategic play to outwit opponents. Pupils will be able to demonstrate the basic elements of attack and defense. In net games, it is the players aim to get the ball or shuttle to land in the target area so that the opponent cannot return it.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 3 Unit Title	Subject Content / Knowledge	Rugby and Dance

	Skills	Rugby - developing team attacking and defending strategies and techniques. Pupils will select and apply their skills so that they can carry out tactics with the intention of outwitting their opponents. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition. Dance - Explore a range of dance movements using steps, gestures, formations, body shapes, contact work, and contrasts in dynamic and rhythmic patterning. Pupils will demonstrate creativity by incorporating control, rhythm, timing and aesthetics into sequences. Student will evaluate and assess movements to improve routines.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 4 Unit Title	Subject Content / Knowledge	Gymnastics and Climbing
	Skills	Gymnastics - demonstrate skills and agilities individually and in combination. Pupils will incorporate control, precision and aesthetics into sequences showing creativity. Student will evaluate and assess movements to improve sequences. Climbing - focus on developing and using new skills and techniques as they move from familiar activities and environments into less familiar ones. In Climbing, pupils develop their ability to respond effectively to problems and physical challenges, both individually and in cooperation with others. They need to analyse, plan and carry out tasks safely, often leading and managing themselves.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 5 Unit Title	Subject Content / Knowledge	Athletics and Trampolining
	Skills	Athletics – begin to use their knowledge of athletics events, strategies and techniques to develop and enhance replication and performance. Pupils develop their understanding of fitness and its relationship to performance. In athletic activities, pupils will engage in performing and improving their skills and personal and collective bests in relation to speed, height, distance and accuracy. Trampolining – focus on the basic safety issues around the trampoline. Pupils will accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve sequences.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.

Half Term 6 Unit Title	Subject Content / Knowledge	House Activities
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.



Subject: PE

Year 8 Curriculum Overview Girls

2018-2019

Half Term 1 Unit Title	Subject Content / Knowledge	Netball and Components of Fitness
	Skills	Netball - focus on developing team attacking and defending strategies and techniques. Pupils will select and apply their skills so that they can carry out tactics with intent to outwit the opposition. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition. Components of fitness - accurately replicating specific techniques for a variety of fitness based activities. They will carry out investigations into the bodies' ability to exercise and the reasoning behind such principles. Pupils will gain an understanding of warm ups, cool downs and health importance through physical tasks.

	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 2</u> Unit Title	Subject Content / Knowledge	Gymnastics and Badminton
	Skills	Gymnastics - demonstrate skills and agilities individually and in combination. Pupils will incorporate control, precision and aesthetics into sequences showing creativity. Student will evaluate and assess movements to improve sequences. Badminton focus on replicating and developing techniques as well as exploring and implementing strategic play to outwit opponents. Pupils will be able to demonstrate the basic elements of attack and defense. In net games, it is the players aim to get the ball or shuttle to land in the target area so that the opponent cannot return it.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 3</u> Unit Title	Subject Content / Knowledge	Football and Dance
	Skills	Football - focusing on developing team attacking and defending strategies and techniques. Pupils will select and apply their skills so that they can carry out tactics with the intention of outwitting their opponents. In invasion games the main intention is to invade your opponents' territory and to outwit them so that you can score goals or points. Dance - Explore a range of dance movements using steps, gestures, formations, body shapes, contact work, and contrasts in dynamic and rhythmic patterning. Pupils will demonstrate creativity by incorporating control, rhythm, timing and aesthetics into sequences. Student will evaluate and assess movements to improve routines.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 4</u> Unit Title	Subject Content / Knowledge	Rounders and Climbing
	Skills	Rounders - focus on accurate replication & further developing, implementing and refining techniques for batting, bowling and fielding. Pupils will further work on the skill of outwitting opponents. In striking and fielding games, players achieve this by striking the ball so that

		<p>fielders are deceived or avoided, and then running between wickets or around bases to score runs. Pupil should accurately score games & understand rules.</p> <p>Climbing - focus on developing and using new skills and techniques as they move from familiar activities and environments into less familiar ones. In Climbing, pupils develop their ability to respond effectively to problems and physical challenges, both individually and in cooperation with others. They need to analyse, plan and carry out tasks safely, often leading and managing themselves</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>
Half Term 5 Unit Title	Subject Content / Knowledge	Athletics and Trampolining
	Skills	<p>Athletics – begin to use their knowledge of athletics events, strategies and techniques to develop and enhance replication and performance. Pupils develop their understanding of fitness and its relationship to performance. In athletic activities, pupils will engage in performing and improving their skills and personal and collective bests in relation to speed, height, distance and accuracy.</p> <p>Trampolining – focus on the basic safety issues around the trampoline. Pupils will accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve sequences.</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>
Half Term 6 Unit Title	Subject Content / Knowledge	House Activities
	Skills	<p>House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>



Subject: PE

Year 9 Curriculum Overview Boys

2018-19

Half Term 1 Unit Title	Subject Content / Knowledge	Football
	Skills	Football - focusing on developing, implementing and refining team and individual game plans to outwit opponents. Teams will be expected to plan strategies and implement them in different situations in a football game. In invasion games the main intention is to invade your opponents' territory and to outwit them so that you can score goals or points.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 2 Unit Title	Subject Content / Knowledge	Basketball and Young Leaders
	Skills	Basketball – Looking to develop, implement and refine team and individual game plans to outwit opponents. Teams will be expected to plan strategies and implement them in different situation. In invasion games the main intention is to invade your opponents' territory and to outwit them so that you can score points. Young Leaders – Looking at the different types of leadership strategies you can utilize when leading a leadership event or taking part of a session such as a warm up. Pupils will look at organization, preparation and the different types of communication skills that can help leaders run an effective leadership session.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the

		summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 3</u> Unit Title	Subject Content / Knowledge	Rugby and Handball
	Skills	Rugby - focusing on developing, implementing and refining team and individual game plans with the goal of outwitting an opponent. Pupils will focus on developing and implementing attacking and defending strategies and techniques. All games activities involve pupils thinking about how to use skills, strategies and tactics to outwit the opposition. Handball - focus on developing, basic understanding of rules and regulations and implement and refine team game plans with the goal of outwitting an opponent. Pupils will focus on developing and implementing attacking and defending strategies and techniques. All games activities involve pupils thinking about how to use skills, strategies and tactics to outwit the opposition.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 4</u> Unit Title	Subject Content / Knowledge	Badminton and Trampolining
	Skills	Badminton – looking at replicating and developing techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defense. In net games, it is the players aim to get the ball to land in the target area so that the opponent cannot return it. Trampolining – Recap the basic safety issues around the trampoline. Pupils will accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve sequences.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 5</u> Unit Title	Subject Content / Knowledge	Athletics and Volleyball
	Skills	Athletics - further enhance replication and performance across all disciplines. Pupils to gain a further understanding of fitness and its relationship to performance. Pupils will focus on planning, preparing for and competing in a range of athletic competitions organised by themselves and others. In athletic activities, pupils will engage in performing skills and personal and collective bests in relation to speed, height and distance.

		Volleyball - focus on replicating and developing techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defence. In net games, it is the player aim to get the ball to land in the target area so that the opponent cannot return it. Pupil should be able to accurately score and officiate volleyball games.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 6 Unit Title	Subject Content / Knowledge	House Activities and Components of Fitness
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house. Components of fitness - accurately replicating specific techniques for a variety of fitness based activities. They will carry out investigations into the bodies' ability to exercise and the reasoning behind such principles. Pupils will gain an understanding of warm ups, cool downs and health importance through physical tasks. Be able to give constructive feedback to partners and peers.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.

Subject: PE**Year 9 Curriculum Overview Girls****2018-19**

Half Term 1 Unit Title	Subject Content / Knowledge	Badminton and Trampolining
	Skills	Badminton – looking at replicating and developing techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defense. In net games, it is the players aim to get the ball to land in the target area so that the opponent cannot return it. Trampolining – Recap the basic safety issues around the trampoline. Pupils will accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve sequences.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 2 Unit Title	Subject Content / Knowledge	Netball
	Skills	Netball – Looking to develop, implement and refine team and individual game plans with the goal of outwitting an opponent. Pupils will focus on developing and implementing attacking and defending strategies and techniques. All games activities involve pupils thinking about how to use skills, strategies and tactics to outwit the opposition.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 3 Unit Title	Subject Content / Knowledge	Football and Young Leaders
	Skills	Football - focusing on developing, implementing and refining team and individual game plans to outwit opponents. Teams will be expected to plan strategies and implement them in different situations in a football game. In invasion games the main intention is to invade your opponents' territory and to outwit them so that you can score goals or points. Young Leaders – Looking at the different types of leadership strategies you can utilize when leading a leadership event or taking part of a session such as a warm up. Pupils will look at organization, preparation and the different types of communication skills that can help leaders run an effective leadership session.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual

		sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 4 Unit Title	Subject Content / Knowledge	Rounders and Handball
	Skills	Rounders - demonstrating timing and fluency in the replication of techniques for batting, bowling and fielding. Pupils will work on improving the skill of outwitting opponents. In striking and fielding games, players achieve this by striking the ball so that fielders are deceived or avoided, and then running between wickets or around bases to score runs. Pupils should be able to accurately score & officiate games. Handball - focus on developing, basic understanding of rules and regulations and implement and refine team game plans with the goal of outwitting an opponent. Pupils will focus on developing and implementing attacking and defending strategies and techniques. All games activities involve pupils thinking about how to use skills, strategies and tactics to outwit the opposition.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 5 Unit Title	Subject Content / Knowledge	Athletics and Components of Fitness
	Skills	Athletics - further enhance replication and performance across all disciplines. Pupils to gain a further understanding of fitness and its relationship to performance. Pupils will focus on planning, preparing for and competing in a range of athletic competitions organised by themselves and others. In athletic activities, pupils will engage in performing skills and personal and collective bests in relation to speed, height and distance. Components of fitness - accurately replicating specific techniques for a variety of fitness based activities. They will carry out investigations into the bodies' ability to exercise and the reasoning behind such principles. Pupils will gain an understanding of warm ups, cool downs and health importance through physical tasks. Be able to give constructive feedback to partners and peers.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 6 Unit Title	Subject Content / Knowledge	House Activities and Volleyball
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.

		Volleyball - focus on replicating and developing techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defence. In net games, it is the player aim to get the ball to land in the target area so that the opponent cannot return it. Pupil should be able to accurately score and officiate volleyball games.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.

Subject: PE

Year 10 Curriculum Overview Boys

2018-19

Half Term 1 Unit Title	Subject Content / Knowledge	House Activities
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 2 Unit Title	Subject Content / Knowledge	Football
	Skills	Football - Focus on developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will work in groups, taking on a range of roles and responsibilities to help each other prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and detailed decision making.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer

		term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 3 Unit Title	Subject Content / Knowledge	Badminton
	Skills	Badminton - Focus on developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will prepare mini tournaments and compete in them. They will work in groups taking on a range of roles and responsibilities to help each other to prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and fitness.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 4 Unit Title	Subject Content / Knowledge	Basketball
	Skills	Basketball - Developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will prepare tournaments and compete in them. They will work in groups taking on a range of roles and responsibilities to help each other to prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and fitness.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 5 Unit Title	Subject Content / Knowledge	Athletics
	Skills	Athletics – Aiming to enhance the replication and performance across all disciplines. They will work in groups and take on a range of roles and responsibilities to ensure competitions are organized well and performance is good. Pupils will engage in performing and improving their skills and personal and collective bests in relation to speed, height, distance and accuracy.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 6 Unit Title	Subject Content / Knowledge	Trampolining and Circuits

	Skills	Trampolining - Accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve routines. Will gain an understanding of the health and fitness involved in trampolining. Circuits - pupils will focus on developing and using new skills and techniques. In Circuits, pupils develop their ability to respond effectively to physical challenges, both individually and in cooperation with others. They need to analyse, plan and carry out tasks safely, often leading and managing themselves.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.



Subject: PE

Year 7 Curriculum Overview Boys

2018-2019

Half Term 1 Unit Title	Subject Content / Knowledge	Football and Components of Fitness
	Skills	Football - basic principles of attack and defense to plan strategy and tactics for football. They work on improving the quality of their skills using various techniques to. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition. Components of fitness - accurately replicating specific techniques for a variety of fitness based activities. They will carry out investigations into the bodies' ability to exercise and the reasoning behind such principles. Pupils will gain an understanding of warm ups, cool downs and health importance through physical tasks.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B1 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 2 Unit Title	Subject Content / Knowledge	Basketball and Badminton

	Skills	<p>Basketball - focusing on how to use basic principles of attack and defense to plan strategy and tactics for basketball. Aiming to improve the quality of their skills using various techniques. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition.</p> <p>Badminton focus on replicating and developing techniques as well as exploring and implementing strategic play to outwit opponents. Pupils will be able to demonstrate the basic elements of attack and defense. In net games, it is the players aim to get the ball or shuttle to land in the target area so that the opponent cannot return it.</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B1 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>
Half Term 3 Unit Title	Subject Content / Knowledge	Rugby and Dance
	Skills	<p>Rugby - Understand how to use basic principles of attack and defense to plan strategy and tactics for rugby. I will work on improving the quality of their skills with the intention of outwitting opponents. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition.</p> <p>Dance - Exploring a range of dance movements using steps, gestures, formations, body shapes, contact work, and contrasts in dynamic and rhythmic patterning. Pupils will demonstrate creativity by incorporating control, rhythm, timing and aesthetics into sequences. Student will evaluate and assess movements to improve routines.</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>
Half Term 4 Unit Title	Subject Content / Knowledge	Gymnastics and Climbing
	Skills	<p>Gymnastics - To demonstrate skills and agilities individually and in combination. How to focus on developing stability when holding my own body position and when supporting a partner. How to incorporate control, precision and aesthetics into sequences showing creativity. I will evaluate and assess movements to improve sequences.</p> <p>Climbing - focusing on developing and using new skills and techniques as they move from familiar activities and environments into less familiar ones. In Climbing, pupils develop their ability to respond effectively to problems and physical challenges, both individually and in cooperation with others. They need to analyse, plan and carry out tasks safely, often leading and managing themselves.</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to</p>

		identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 5 Unit Title	Subject Content / Knowledge	Athletics and Trampolining
	Skills	Athletics - accurately replicate running, jumping and throwing skills and learn specific techniques for events in order to improve performances. I will carry out investigations into aspects of technique and use the information to become more technically proficient. In all athletic activity, I will engage in performing and improving their skills and personal bests in relation to speed, height and distances. Trampolining – looking at on the basic safety issues around the trampoline. Pupils will accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve sequences.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 6 Unit Title	Subject Content / Knowledge	House Activities
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.
	Assessment	Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.



Half Term 1 Unit Title	Subject Content / Knowledge	Netball and Components of Fitness
	Skills	Netball - focusing on how to use basic principles of attack and defence to plan strategies and tactics for hockey. Pupils will work on improving the quality of their skills with the intention of outwitting opposition. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition. Components of fitness - accurately replicating specific techniques for a variety of fitness based activities. They will carry out investigations into the bodies' ability to exercise and the reasoning behind such principles. Pupils will gain an understanding of warm ups, cool downs and health importance through physical tasks.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 2 Unit Title	Subject Content / Knowledge	Gymnastics and Badminton
	Skills	Gymnastics - To demonstrate skills and agilities individually and in combination. How to focus on developing stability when holding my own body position and when supporting a partner. How to incorporate control, precision and aesthetics into sequences showing creativity. I will evaluate and assess movements to improve sequences. Badminton focus on replicating and developing techniques as well as exploring and implementing strategic play to outwit opponents. Pupils will be able to demonstrate the basic elements of attack and defense. In net games, it is the players aim to get the ball or shuttle to land in the target area so that the opponent cannot return it
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 3 Unit Title	Subject Content / Knowledge	Football and Dance
	Skills	Football - basic principles of attack and defense to plan strategy and tactics for football. They work on improving the quality of their skills using various techniques to. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition. Dance - Exploring a range of dance movements using steps, gestures, formations, body shapes, contact work, and contrasts in dynamic and rhythmic patterning. Pupils will demonstrate creativity by incorporating control, rhythm, timing and aesthetics into sequences. Student will evaluate and assess movements to improve routines.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made.

		Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 4</u> Unit Title	Subject Content / Knowledge	Rounders and Climbing
	Skills	Rounders - replicate and improve individual technique in batting, bowling and fielding. Pupils will work on improving the quality of their skills with the intention of outwitting opponents. In striking and fielding games, players achieve this by striking the ball so that fielders are deceived or avoided, and then running between wickets or around bases to score runs. Pupil should begin to accurately score games. Climbing - focusing on developing and using new skills and techniques as they move from familiar activities and environments into less familiar ones. In Climbing, pupils develop their ability to respond effectively to problems and physical challenges, both individually and in cooperation with others. They need to analyse, plan and carry out tasks safely, often leading and managing themselves.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 5</u> Unit Title	Subject Content / Knowledge	Athletics and Trampolining
	Skills	Athletics - accurately replicate running, jumping and throwing skills and learn specific techniques for events in order to improve performances. I will carry out investigations into aspects of technique and use the information to become more technically proficient. In all athletic activity, I will engage in performing and improving their skills and personal bests in relation to speed, height and distances. Trampolining – looking at on the basic safety issues around the trampoline. Pupils will accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve sequences.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 6</u> Unit Title	Subject Content / Knowledge	House Activities
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.

	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>
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Subject: PE

Year 8 Curriculum Overview Boys

2018-19

Half Term 1 Unit Title	Subject Content / Knowledge	Football and Components of Fitness
	Skills	<p>Football - focusing on developing team attacking and defending strategies and techniques. Pupils will select and apply their skills so that they can carry out tactics with the intention of outwitting their opponents. In invasion games the main intention is to invade your opponents' territory and to outwit them so that you can score goals or points.</p> <p>Components of fitness - accurately replicating specific techniques for a variety of fitness based activities. They will carry out investigations into the bodies' ability to exercise and the reasoning behind such principles. Pupils will gain an understanding of warm ups, cool downs and health importance through physical tasks.</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>
Half Term 2 Unit Title	Subject Content / Knowledge	Basketball and Badminton

	Skills	<p>Basketball - I will focus on developing team attacking and defending strategies and techniques. Pupils will select and apply their skills so that they can carry out tactics with the intention of outwitting their opponents.</p> <p>Badminton focus on replicating and developing techniques as well as exploring and implementing strategic play to outwit opponents. Pupils will be able to demonstrate the basic elements of attack and defense. In net games, it is the players aim to get the ball or shuttle to land in the target area so that the opponent cannot return it.</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>
Half Term 3 Unit Title	Subject Content / Knowledge	Rugby and Dance
	Skills	<p>Rugby - developing team attacking and defending strategies and techniques. Pupils will select and apply their skills so that they can carry out tactics with the intention of outwitting their opponents. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition.</p> <p>Dance - Explore a range of dance movements using steps, gestures, formations, body shapes, contact work, and contrasts in dynamic and rhythmic patterning. Pupils will demonstrate creativity by incorporating control, rhythm, timing and aesthetics into sequences. Student will evaluate and assess movements to improve routines.</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>
Half Term 4 Unit Title	Subject Content / Knowledge	Gymnastics and Climbing
	Skills	<p>Gymnastics - demonstrate skills and agilities individually and in combination. Pupils will incorporate control, precision and aesthetics into sequences showing creativity. Student will evaluate and assess movements to improve sequences.</p> <p>Climbing - focus on developing and using new skills and techniques as they move from familiar activities and environments into less familiar ones. In Climbing, pupils develop their ability to respond effectively to problems and physical challenges, both individually and in cooperation with others. They need to analyse, plan and carry out tasks safely, often leading and managing themselves.</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>

<u>Half Term 5</u> Unit Title	Subject Content / Knowledge	Athletics and Trampolining
	Skills	<p>Athletics – begin to use their knowledge of athletics events, strategies and techniques to develop and enhance replication and performance. Pupils develop their understanding of fitness and its relationship to performance. In athletic activities, pupils will engage in performing and improving their skills and personal and collective bests in relation to speed, height, distance and accuracy.</p> <p>Trampolining – focus on the basic safety issues around the trampoline. Pupils will accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve sequences.</p>
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>
<u>Half Term 6</u> Unit Title	Subject Content / Knowledge	House Activities
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.
	Assessment	<p>Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1st week after each half term within double PE lessons.</p>



Subject: PE

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Half Term 1 Unit Title	Subject Content / Knowledge	Netball and Components of Fitness
	Skills	Netball - focus on developing team attacking and defending strategies and techniques. Pupils will select and apply their skills so that they can carry out tactics with intent to outwit the opposition. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition. Components of fitness - accurately replicating specific techniques for a variety of fitness based activities. They will carry out investigations into the bodies' ability to exercise and the reasoning behind such principles. Pupils will gain an understanding of warm ups, cool downs and health importance through physical tasks.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 2 Unit Title	Subject Content / Knowledge	Gymnastics and Badminton
	Skills	Gymnastics - demonstrate skills and agilities individually and in combination. Pupils will incorporate control, precision and aesthetics into sequences showing creativity. Student will evaluate and assess movements to improve sequences. Badminton focus on replicating and developing techniques as well as exploring and implementing strategic play to outwit opponents. Pupils will be able to demonstrate the basic elements of attack and defense. In net games, it is the players aim to get the ball or shuttle to land in the target area so that the opponent cannot return it.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 3 Unit Title	Subject Content / Knowledge	Football and Dance

	Skills	Football - focusing on developing team attacking and defending strategies and techniques. Pupils will select and apply their skills so that they can carry out tactics with the intention of outwitting their opponents. In invasion games the main intention is to invade your opponents' territory and to outwit them so that you can score goals or points. Dance - Explore a range of dance movements using steps, gestures, formations, body shapes, contact work, and contrasts in dynamic and rhythmic patterning. Pupils will demonstrate creativity by incorporating control, rhythm, timing and aesthetics into sequences. Student will evaluate and assess movements to improve routines.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 4</u> Unit Title	Subject Content / Knowledge	Rounders and Climbing
	Skills	Rounders - focus on accurate replication & further developing, implementing and refining techniques for batting, bowling and fielding. Pupils will further work on the skill of outwitting opponents. In striking and fielding games, players achieve this by striking the ball so that fielders are deceived or avoided, and then running between wickets or around bases to score runs. Pupil should accurately score games & understand rules. Climbing - focus on developing and using new skills and techniques as they move from familiar activities and environments into less familiar ones. In Climbing, pupils develop their ability to respond effectively to problems and physical challenges, both individually and in cooperation with others. They need to analyse, plan and carry out tasks safely, often leading and managing themselves
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 5</u> Unit Title	Subject Content / Knowledge	Athletics and Trampolining
	Skills	Athletics – begin to use their knowledge of athletics events, strategies and techniques to develop and enhance replication and performance. Pupils develop their understanding of fitness and its relationship to performance. In athletic activities, pupils will engage in performing and improving their skills and personal and collective bests in relation to speed, height, distance and accuracy. Trampolining – focus on the basic safety issues around the trampoline. Pupils will accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve sequences.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual

		sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 6 Unit Title	Subject Content / Knowledge	House Activities
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.



Subject: PE

Year 9 Curriculum Overview Boys

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Half Term 1 Unit Title	Subject Content / Knowledge	Football
	Skills	Football - focusing on developing, implementing and refining team and individual game plans to outwit opponents. Teams will be expected to plan strategies and implement them in different situations in a football game. In invasion games the main intention is to invade your opponents' territory and to outwit them so that you can score goals or points.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual

		sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 2</u> Unit Title	Subject Content / Knowledge	Basketball and Young Leaders
	Skills	Basketball – Looking to develop, implement and refine team and individual game plans to outwit opponents. Teams will be expected to plan strategies and implement them in different situation. In invasion games the main intention is to invade your opponents’ territory and to outwit them so that you can score points. Young Leaders – Looking at the different types of leadership strategies you can utilize when leading a leadership event or taking part of a session such as a warm up. Pupils will look at organization, preparation and the different types of communication skills that can help leaders run an effective leadership session.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 3</u> Unit Title	Subject Content / Knowledge	Rugby and Handball
	Skills	Rugby - focusing on developing, implementing and refining team and individual game plans with the goal of outwitting an opponent. Pupils will focus on developing and implementing attacking and defending strategies and techniques. All games activities involve pupils thinking about how to use skills, strategies and tactics to outwit the opposition. Handball - focus on developing, basic understanding of rules and regulations and implement and refine team game plans with the goal of outwitting an opponent. Pupils will focus on developing and implementing attacking and defending strategies and techniques. All games activities involve pupils thinking about how to use skills, strategies and tactics to outwit the opposition.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 4</u> Unit Title	Subject Content / Knowledge	Badminton and Trampolining
	Skills	Badminton – looking at replicating and developing techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defense. In net games, it is the players aim to get the ball to land in the target area so that the opponent cannot return it. Trampolining – Recap the basic safety issues around the trampoline. Pupils will accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve sequences.

	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 5 Unit Title	Subject Content / Knowledge	Athletics and Volleyball
	Skills	Athletics - further enhance replication and performance across all disciplines. Pupils to gain a further understanding of fitness and its relationship to performance. Pupils will focus on planning, preparing for and competing in a range of athletic competitions organised by themselves and others. In athletic activities, pupils will engage in performing skills and personal and collective bests in relation to speed, height and distance. Volleyball - focus on replicating and developing techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defence. In net games, it is the player aim to get the ball to land in the target area so that the opponent cannot return it. Pupil should be able to accurately score and officiate volleyball games.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 6 Unit Title	Subject Content / Knowledge	House Activities and Components of Fitness
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house. Components of fitness - accurately replicating specific techniques for a variety of fitness based activities. They will carry out investigations into the bodies' ability to exercise and the reasoning behind such principles. Pupils will gain an understanding of warm ups, cool downs and health importance through physical tasks. Be able to give constructive feedback to partners and peers.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.

Subject: PE

Year 9 Curriculum Overview Girls

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<u>Half Term 1</u> Unit Title	Subject Content / Knowledge	Badminton and Trampolining
	Skills	Badminton – looking at replicating and developing techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defense. In net games, it is the players aim to get the ball to land in the target area so that the opponent cannot return it. Trampolining – Recap the basic safety issues around the trampoline. Pupils will accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve sequences.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 2</u> Unit Title	Subject Content / Knowledge	Netball
	Skills	Netball – Looking to develop, implement and refine team and individual game plans with the goal of outwitting an opponent. Pupils will focus on developing and implementing attacking and defending strategies and techniques. All games activities involve pupils thinking about how to use skills, strategies and tactics to outwit the opposition.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.

Half Term 3 Unit Title	Subject Content / Knowledge	Football and Young Leaders
	Skills	Football - focusing on developing, implementing and refining team and individual game plans to outwit opponents. Teams will be expected to plan strategies and implement them in different situations in a football game. In invasion games the main intention is to invade your opponents' territory and to outwit them so that you can score goals or points. Young Leaders – Looking at the different types of leadership strategies you can utilize when leading a leadership event or taking part of a session such as a warm up. Pupils will look at organization, preparation and the different types of communication skills that can help leaders run an effective leadership session.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 4 Unit Title	Subject Content / Knowledge	Rounders and Handball
	Skills	Rounders - demonstrating timing and fluency in the replication of techniques for batting, bowling and fielding. Pupils will work on improving the skill of outwitting opponents. In striking and fielding games, players achieve this by striking the ball so that fielders are deceived or avoided, and then running between wickets or around bases to score runs. Pupils should be able to accurately score & officiate games. Handball - focus on developing, basic understanding of rules and regulations and implement and refine team game plans with the goal of outwitting an opponent. Pupils will focus on developing and implementing attacking and defending strategies and techniques. All games activities involve pupils thinking about how to use skills, strategies and tactics to outwit the opposition.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 5 Unit Title	Subject Content / Knowledge	Athletics and Components of Fitness
	Skills	Athletics - further enhance replication and performance across all disciplines. Pupils to gain a further understanding of fitness and its relationship to performance. Pupils will focus on planning, preparing for and competing in a range of athletic competitions organised by themselves and others. In athletic activities, pupils will engage in performing skills and personal and collective bests in relation to speed, height and distance. Components of fitness - accurately replicating specific techniques for a variety of fitness based activities. They will carry out investigations into the bodies' ability to exercise and the reasoning behind such principles. Pupils will gain an understanding of warm ups, cool downs and health importance through physical tasks. Be able to give constructive feedback to partners and peers.

	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 6 Unit Title	Subject Content / Knowledge	House Activities and Volleyball
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house. Volleyball - focus on replicating and developing techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defence. In net games, it is the player aim to get the ball to land in the target area so that the opponent cannot return it. Pupil should be able to accurately score and officiate volleyball games.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.

Subject: PE

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Half Term 1 Unit Title	Subject Content / Knowledge	House Activities
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 2 Unit Title	Subject Content / Knowledge	Football

	Skills	Football - Focus on developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will work in groups, taking on a range of roles and responsibilities to help each other prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and detailed decision making.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 3 Unit Title	Subject Content / Knowledge	Badminton
	Skills	Badminton - Focus on developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will prepare mini tournaments and compete in them. They will work in groups taking on a range of roles and responsibilities to help each other to prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and fitness.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 4 Unit Title	Subject Content / Knowledge	Basketball
	Skills	Basketball - Developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will prepare tournaments and compete in them. They will work in groups taking on a range of roles and responsibilities to help each other to prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and fitness.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 5 Unit Title	Subject Content / Knowledge	Athletics
	Skills	Athletics – Aiming to enhance the replication and performance across all disciplines. They will work in groups and take on a range of roles and responsibilities to ensure competitions are organized well and performance is good. Pupils will engage in performing and improving their skills and personal and collective bests in relation to speed, height, distance and accuracy.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made.

		Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 6</u> Unit Title	Subject Content / Knowledge	Trampolining and Circuits
	Skills	Trampolining - Accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve routines. Will gain an understanding of the health and fitness involved in trampolining. Circuits - pupils will focus on developing and using new skills and techniques. In Circuits, pupils develop their ability to respond effectively to physical challenges, both individually and in cooperation with others. They need to analyse, plan and carry out tasks safely, often leading and managing themselves.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.

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2018-19

<u>Half Term 1</u> Unit Title	Subject Content / Knowledge	House Activities
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 2</u> Unit Title	Subject Content / Knowledge	Netball

	Skills	Netball - focus on developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will prepare a mini competition and compete in it. They will work in groups taking on a range of roles and responsibilities to help each other to prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and fitness.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 3</u> Unit Title	Subject Content / Knowledge	Football and Trampolining
	Skills	Football - Focus on developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will work in groups, taking on a range of roles and responsibilities to help each other prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and detailed decision making. Trampolining - Accurately replicate skills and movements individually and in combination focusing on the correct techniques. Pupils will show creativity, control, fluency and aesthetics in developed sequences. Students will evaluate and assess movements to improve routines. Will gain an understanding of the health and fitness involved in trampolining.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 4</u> Unit Title	Subject Content / Knowledge	Rounders
	Skills	Rounders – Look to develop more advanced skills and apply them in match in order to outwit opposition. Pupils will develop the execution of techniques for batting, bowling and fielding. Pupils will prepare mini competitions and compete in them. They will work in groups taking on a range of responsibilities to help each other to prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and fitness. Pupils should be able to accurately umpire & run a rounders game.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
<u>Half Term 5</u> Unit Title	Subject Content / Knowledge	Badminton

	Skills	Badminton - Focus on developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will prepare mini tournaments and compete in them. They will work in groups taking on a range of roles and responsibilities to help each other to prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and fitness.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 6 Unit Title	Subject Content / Knowledge	Athletics and Fitness
	Skills	Athletics – Aiming to enhance the replication and performance across all disciplines. They will work in groups and take on a range of roles and responsibilities to ensure competitions are organized well and performance is good. Pupils will engage in performing and improving their skills and personal and collective bests in relation to speed, height, distance and accuracy. Fitness Suite - pupils will focus on developing and using new skills and techniques. In fitness suite, pupils develop their ability to respond effectively to cardiovascular and muscular challenges, both individually and in cooperation with others. They need to analyse, plan and carry out tasks safely, often leading and managing themselves.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.

Half Term 1 Unit Title	Subject Content / Knowledge	House Activities
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 2 Unit Title	Subject Content / Knowledge	Football
	Skills	Football - Focus on developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will work in groups, taking on a range of roles and responsibilities to help each other prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and detailed decision making.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 3 Unit Title	Subject Content / Knowledge	Badminton
	Skills	Badminton - Focus on developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will prepare mini tournaments and compete in them. They will work in groups taking on a range of roles and responsibilities to help each other to prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and fitness.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 4 Unit Title	Subject Content / Knowledge	Basketball
	Skills	Basketball - Developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will prepare tournaments and compete in them. They will work in groups taking on a range of roles and responsibilities to help each other to prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and fitness.

	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 5 Unit Title	Subject Content / Knowledge	Revision - GCSE and Btec Sport groups
	Skills	Revision / Options – GCSE PE group will complete moderation sessions and revision for the GCSE PE examinations. Core PE groups will chose options for the last half term.
	Assessment	
Half Term 6 Unit Title	Subject Content / Knowledge	
	Skills	
	Assessment	

Subject: PE

Year 11 Curriculum Overview Girls

2018-19

Half Term 1 Unit Title	Subject Content / Knowledge	House Activities
	Skills	House Activities - Learning skill and qualities needs to work in a team, I will compete in various house events in differing sports. I will learn about responsibility and ownership within my team and house.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to

		identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 2 Unit Title	Subject Content / Knowledge	Netball
	Skills	Netball - focus on developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will prepare a mini competition and compete in it. They will work in groups taking on a range of roles and responsibilities to help each other to prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and fitness.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 3 Unit Title	Subject Content / Knowledge	Football
	Skills	Football - Focus on developing more advanced skills and apply them in game situations in order to outwit opponents. Pupils will work in groups, taking on a range of roles and responsibilities to help each other prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and detailed decision making.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 4 Unit Title	Subject Content / Knowledge	Rounders
	Skills	Rounders – Look to develop more advanced skills and apply them in match in order to outwit opposition. Pupils will develop the execution of techniques for batting, bowling and fielding. Pupils will prepare mini competitions and compete in them. They will work in groups taking on a range of responsibilities to help each other to prepare and improve as a team. To develop a deeper understanding about healthy lifestyles and fitness. Pupils should be able to accurately umpire & run a rounders game.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a B3 to 9** and recorded on flight paths. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. These self-assessment will be complete the 1 st week after each half term within double PE lessons.
Half Term 5 Unit Title	Subject Content / Knowledge	GCSE and Btec Sport groups - Revision

	Skills	Revision / Options – GCSE PE group will complete moderation sessions and revision for the GCSE PE examinations. Core PE groups will choose options for the last half term.
	Assessment	
<u>Half Term 6</u> Unit Title	Subject Content / Knowledge	
	Skills	
	Assessment	