



Subject: PE **Year 10 Curriculum Overview Cambridge National** **2018-2019**

Half Term 1 Unit Title	Subject Content / Knowledge	RO51: Contemporary Issues in Sport
	Skills	The issues which affect participation in sport including the different user groups who participate in sport, their possible barriers which affect participation and the solutions to said barriers. The popularity of sport, sporting trends and how the growth of new and emerging sports is increasing. The values which can be promoted through sport including the Olympic and Paralympic movement, other NGB's initiatives and the importance of etiquette from both the performers and spectators.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a Fail to Distinction* and recorded on flight paths, tracking sheets and display boards in classrooms. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement.
Half Term 2 Unit Title	Subject Content / Knowledge	RO51: Contemporary Issues in Sport
	Skills	The use of drugs within sport. The importance of hosting major sporting events including the features, potential benefits and drawbacks of hosting events. The roles of National Governing Bodies (NGB) in sport. What the NGB have to do with promotion, development, infrastructure, policies, support and funding.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a Fail to Distinction* and recorded on flight paths, tracking sheets and display boards in classrooms. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement.

		Pupils will complete first attempts of the online test if requires, then continue to complete the coursework aspects of the course.
Half Term 3 Unit Title	Subject Content / Knowledge	RO56: Developing Knowledge and Skills in Outdoor Activities
	Skills	Different types of outdoor activities and their provision in the UK. The values and benefits of participating in outdoor activities, how it develops skills such as social, team-building, problem solving and communication.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a Fail to Distinction* and recorded on flight paths, tracking sheets and display boards in classrooms. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement.
Half Term 4 Unit Title	Subject Content / Knowledge	RO56: Developing Knowledge and Skills in Outdoor Activities
	Skills	Planning outdoor activities with consideration of health and safety, clothing and equipment, hazards and unforeseen circumstances such as weather forecast and severe injury.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a Fail to Distinction* and recorded on flight paths, tracking sheets and display boards in classrooms. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement.
Half Term 5 Unit Title	Subject Content / Knowledge	RO56: Developing Knowledge and Skills in Outdoor Activities
	Skills	Demonstrating knowledge and skills during outdoor activities whilst showing care and use of equipment, safe practice and communication, decision making, team working and problem solving skills.
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a Fail to Distinction* and recorded on flight paths, tracking sheets and display boards in classrooms. An End of Year Assessment will be carried out in the summer term to cover all the topics

		completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement.
Half Term 6 Unit Title	Subject Content / Knowledge	RO52: Developing Sports Skills
	Skills	Using skills, techniques and tactics/strategies/compositional ideas as an individual and team performer in a sporting activity. How to officiate in a sporting activity with knowledge and application of rules and regulations
	Assessment	Pupils will be assessed each lesson using various levels of questioning this will inform students and staff of the progress being made. Assessments are carried out at the end of every term in class and results are used to monitor progress of the pupils throughout the year. Assessments will be graded from a Fail to Distinction* and recorded on flight paths, tracking sheets and display boards in classrooms. An End of Year Assessment will be carried out in the summer term to cover all the topics completed. Pupils will have the opportunity to complete self-assessment sheets on each individual sport to identify strengths, weaknesses and areas for improvement. Pupils will get the opportunity to resist any examination in the 1 st half term in year 11.